

Black Oil (makes 1 pint)

Ingredients:

2 cups (8.4oz.)	Walnut Oil
30 g (1oz)	Litharge (lead)
1	Onion (large, fresh, without skin)

Large ceramic (or glass) pot – ingredients must not fill over 1/3 of the pot (you do not want this to boil over)

Wooden spoon

Cook over low heat 230 – 240 degrees F (100-115 C) (no open flames) for 2-5 hours until onion turns black.

Filter with an old stocking to rid of solid litharge. Pour into glass container with tight lid.

LABEL TOXIC !

Mixing Oil (make s 1 pint)

This is used to prepare canvas for painting a new layer when the previous layer is dry (overnight). It is also the basis for your medium.

1 ½ Cups	Walnut Oil
¼ Cup	Black Oil

Store in jar marked **TOXIC**. While this is less toxic than the pure Black Oil, it is advisable to wear gloves when applying to canvas.

Medium (makes 1 pint)

½ Cup	Mixing Oil
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1 ½ Cups	*Rectified Turpentine (more turpentine will result in a shorter drying time).
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Store in sealed glass jar until time to use as your medium for painting.

Note odorless mineral spirit is not strong enough to dissolve natural resins or to extend natural resin varnishes. Using Odorless Mineral Spirits will cause the varnish to cloud. Painters who choose to use natural resin varnish as a component of mediums must use turpentine.